

TRIO Anchor



IN THIS ISSUE:

Staff Forward

Spring 2022 Graduates

TRIO Spring 2022 Highlights

TRIO-SSS Community Events

May 2022, Volume 7 Issue 5

Staff Foreword



It has been a whirlwind of a semester, and honestly feels like January just started. We hope that the semester has been smooth, productive, and successful for each and every one of our students. On behalf of all TRIO Professional Staff, we would like to ultimately thank all of our amazing participants. Thank you for all of your dedication, perseverance, and optimism through another semester! Thank you to all of our students who attended any workshops, trips, volunteered with TRIO, and ultimately came to our office hours. You make CMU a great place to be.

To our TRIO graduates, congratulations! This is such a huge milestone in your life. Whether you're a first generation, non-traditional, or a transfer student, this chapter is coming to an end and a brand new one is starting! This is such a pivotal time for you all, and we are here for you! Please know that everyone at TRIO is cheering you on and only wants to see your professional dreams come true. Congratulations again, graduates!

Happy summer, Mavs!

Spring 2022

TRIO CMU Graduates



Amy G.
BSW SOWK

Taylor G.
BA Liberal Arts

Mary F.
BA Liberal Arts

Cody N.
BSN Nursing

Mae P.
BFA: Studio Art

David G.
BS: Computer Science

Shynell M.
BS Exercise Science

Julianna L.
BSRS Radiologic Sciences

Samuel M. BA
History & Minor: Philosophy

Trystan H.
BSN Nursing & Minor: English

Nima S.
BS: Biological Sciences

Lula M.
BA Sociology & BA Political Science

Griselda E.
BA: Criminal Justice
Minor: Forensic Investigation

Collyn R.
BS Computer Info. Systems
Minor: Business Analytics

Nayeli H.
BA Mass Comm. Media Strategies & App.
Minor: Spanish

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TRIO Spring 2022 Highlights

Conferences, Leadership Workshops & Volunteer



TRIO students at the McNair Undergraduate Research Conference at the University of WA, Seattle in April 2022 (left & below).



TRIO STEM students visiting Baylor University for a graduate school visit on April 1, 2022 (above).



TRIO students volunteering for a Colorado River Clean Up Day on April 16, 2022 (above).

Students visiting the Horse Empower Ranch in Durango, Colorado for a leadership and communication workshop on April 22, 2022 (left).



May 2022 TRIO Events

Lunch Loops Trail Hike

May 10th

Meet at main trailhead at 5pm.

Please bring water, sun protection, and hiking attire!



Mindfulness and Meditation Workshop

May 12th at 3:30pm to 4:30pm in MC130D

Led by expert Dr. Bonan-Hameda.

Doggy Play Date

May 13th at 4pm to 5pm

Come relax on Grand Mesa Field with some sweet pups!



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TRIO study spaces are a safe and quiet environment, offering drop-in tutoring, computer use, free printing, or just time to work!